

# KCAN Competition Team

## Effect 2020.01.02

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KC Badminton Club Parents Guide

# Chapter 1:

## About KCBC Competition TEAM

- Ontario Champion Team in 2012, 2013, 2014, 2016, 2017, 2018 Season
- 7 Gold of 12 Gold Pan Am championship belongs to KC
- Support Canadian Badminton Team players to Road to 2020 Olympic
- More than 10 Oversea High-Performance Coaches with total 40 coaching team
- Largest Training Center and one of the best training programs in Canada

### How does KCBC's Junior Badminton Competition Team work for your kids?

KCBC Competition teams are well designed by our professional coaching team. The feature of KC Training is that we combine the traditional Asian incentive training style with Canadian training style. We have around 25 junior players at each team level. Everyone must commit 3-4 times training per week, including private lesson, team training, fitness and ladder (internal tournament). Please see the level and training schedule below for each team.

in late 2019, KC has designed a lower level Competition training program to meet Regional player's needs, included Regional team C and B, as well Pre team Basic.

For more details, please check [www.kcbadmintonclub.com](http://www.kcbadmintonclub.com)

### About Badminton Competition Season:

OBA (Ontario Badminton Association) is the official organizer for Badminton tournaments in Ontario. Badminton Season starts in the middle of September and ends at the end of April. It is sorted by different age groups U11U13U15U17U19. Each age group has around 5 to 8 tournaments per year. KC will inform parents about registering for tournaments, set up for partners, and on-site coaching. For more details, please check <http://www.badmintonontario.ca/>

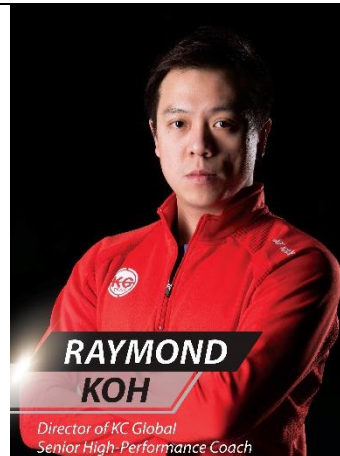
Badminton Canada is the official organizer for Badminton Tournaments in Canada. Season start time as same as Ontario season. Top rankings will have the chance to qualify for pan am championship as well World Junior Championship. For more details, please check [www.badminton.ca](http://www.badminton.ca) or talk to K.C Program Coordinator or manager for the planning road to National level!

# Chapter 2:

## Aurora Campus Coaching Team



**Head Coach: Kevin Cao**  
Wednesdays & Fridays



**Senior HP Coach**  
Thursdays



**Senior HP Coach**  
Saturdays & Sundays



**Senior HP Coach**  
Mondays



**Assisnt Manager of Non-Competition Programs**



**VP of Programs**

We would also like to welcome to the KC Coaching Team some familiar faces you may know including:

- Coach Allan Wu,
- Coach Enggar
- Coach Aff

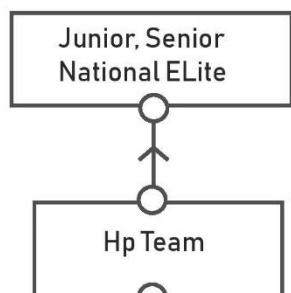
# Chapter 3:

## How the Entire KC System Operates (Both Competition and Non-Competition)

### KCBC Training Program Progress Tree

#### Competition Team (Elite Path)

Competition Circle  
(At least 3 times a week)



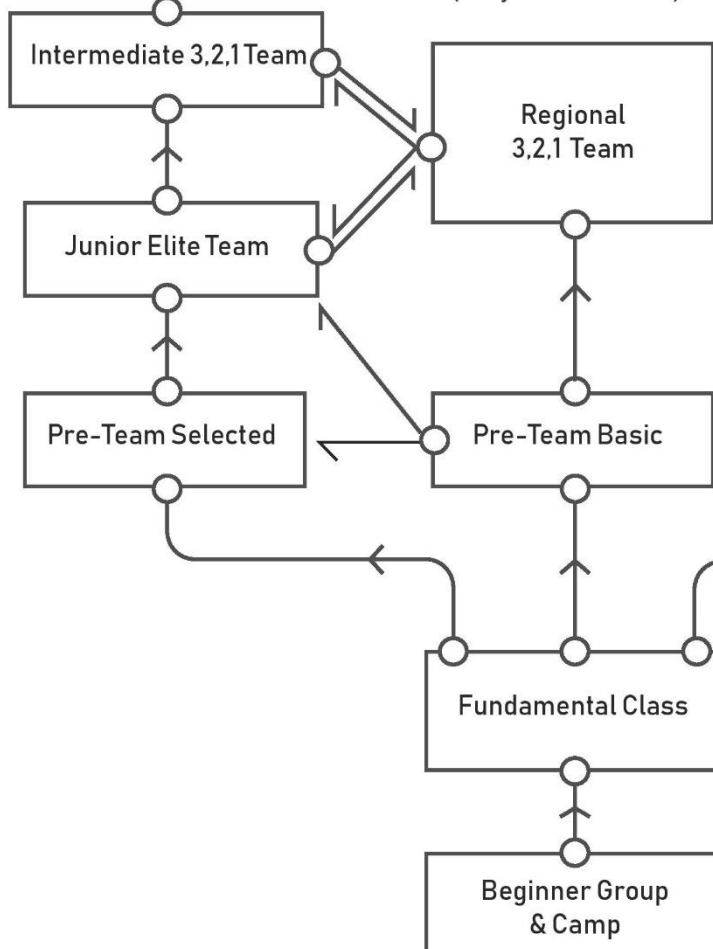
**Competition Team (Elite Path)** are designed for the players who are training towards playing tournaments at the Provincial B, Provincial A, National and International Tournaments.

**Competition Team (Regional path)** are designed for the players who Training towards School, District, Regional and Provincial C level tournaments. Participation at Provincial B tournaments may be an option.

**Non-Competition Group Programs (Recreational Circle)** are designed for students to learn and develop skills and strategies geared towards match play. Programs focus towards a school team level or recreational play.

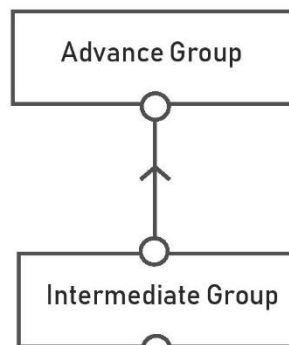
#### Competition Team (Regional Path)

Regional Team Circle  
( Only 2 times a week )



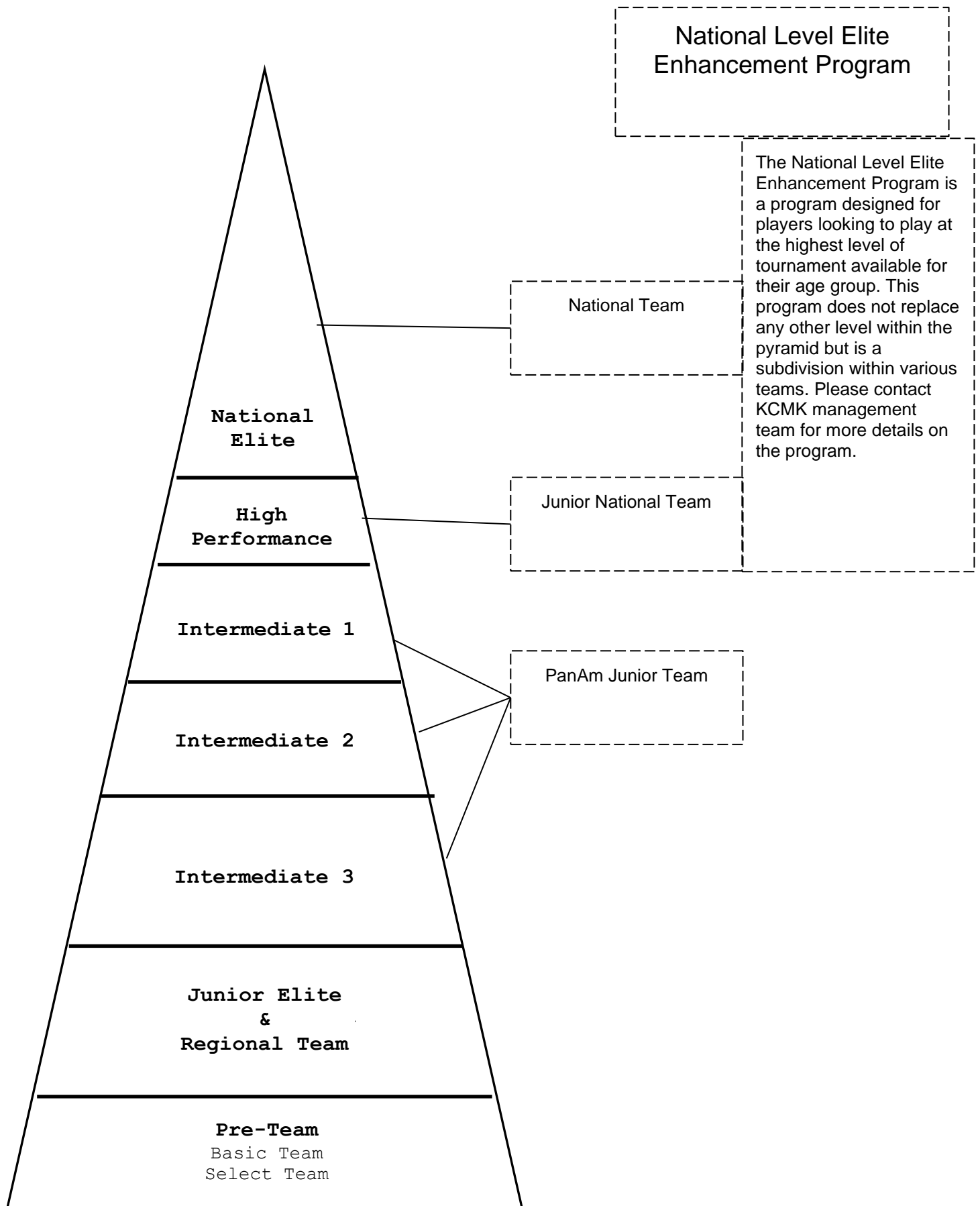
#### Non-Competition Group

Recreational Circle  
( 1 time a week )



# Chapter 4:

## How KC Competition system works:



# Chapter 5:

## Team Schedules & Fees:

<p><b>National Elite Team</b></p> <p>The National Elite Program is designed to provide competitive experiences for athletes aspiring to be on the National Team.</p> <p>Training is only available at the Markham Campus as Markham is our National Elite Training Centre.</p>	<p><b>High-Performance Team</b></p> <p>The High-Performance Program is designed for Juniors playing at a high level nationally aiming for the Junior National Team.</p> <p><b>Requirements:</b></p> <ul style="list-style-type: none"><li>• Two Weekly Team Trainings<ul style="list-style-type: none"><li>◦ Wednesdays 7:30-9:30 PM</li><li>◦ Fridays 7:30-9:30 PM</li></ul></li><li>• Fitness (see fitness section)</li><li>• Private Lesson</li><li>• Team Membership</li></ul> <p><b>Costs:</b></p> <ul style="list-style-type: none"><li>• \$910<sup>+HST</sup> per term for team and fitness</li></ul>
<p><b>Intermediate Team 1</b> (Trains with HP Team for 2019-20 Season)</p> <p>The Intermediate Team Programs are designed for Juniors playing at a high level provincially with focus towards making the Junior PanAm Team.</p> <p><b>Requirements:</b></p> <ul style="list-style-type: none"><li>• Two Weekly Team Trainings<ul style="list-style-type: none"><li>◦ Wednesdays 7:30-9:30 PM</li><li>◦ Fridays 7:30-9:30 PM</li></ul></li><li>• Fitness (see fitness section)</li><li>• Private Lesson</li><li>• Team Membership</li></ul> <p><b>Costs:</b></p> <ul style="list-style-type: none"><li>• \$910<sup>+HST</sup> per term for team and fitness</li></ul>	<p><b>Intermediate Team 2</b> (Inter 2 &amp; 3 train together for 2019-20 Season)</p> <p>The Intermediate Team Programs are designed for Juniors playing at a high level provincially with focus towards making the Junior PanAm Team.</p> <p><b>Requirements:</b></p> <ul style="list-style-type: none"><li>• Two Weekly Team Trainings<ul style="list-style-type: none"><li>◦ Tuesdays 5:30-7:30 PM</li><li>◦ Fridays 5:30-7:30 PM</li></ul></li><li>• Fitness (see fitness section)</li><li>• Private Lesson</li><li>• Team Membership</li></ul> <p><b>Costs:</b></p> <ul style="list-style-type: none"><li>• \$910<sup>+HST</sup> per term for team and fitness</li></ul>
<p><b>Intermediate Team 3</b> (Inter 2 &amp; 3 train together for 2019-20 Season)</p> <p>The Intermediate Team 3 Programs are designed for Juniors playing at a high level provincially with focus towards making the Junior PanAm Team.</p> <p><b>Requirements:</b></p> <ul style="list-style-type: none"><li>• Two Weekly Team Trainings<ul style="list-style-type: none"><li>◦ Tuesdays 5:30-7:30 PM</li><li>◦ Fridays 5:30-7:30 PM</li></ul></li><li>• Fitness (see fitness section)</li><li>• Private Lesson</li><li>• Team Membership</li></ul> <p><b>Costs:</b></p> <ul style="list-style-type: none"><li>• \$910<sup>+HST</sup> per term for team and fitness</li></ul>	<p><b>Junior Elite Team</b> (Junior Elite &amp; Regional Team train together for 2019-20 Season)</p> <p>The Junior Elite Program is designed for Juniors that have just begun or will start to play A or B provincial tournaments.</p> <p><b>Requirements:</b></p> <ul style="list-style-type: none"><li>• Choose Two Weekly Team Trainings<ul style="list-style-type: none"><li>◦ Mondays 7:30-9:30 PM</li><li>◦ Thursdays 7:30-9:30 PM</li><li>◦ Sundays 6:00-8:00 PM</li></ul></li><li>• Fitness (see fitness section)</li><li>• Private Lesson</li><li>• Team Membership</li></ul> <p><b>Costs:</b></p> <ul style="list-style-type: none"><li>• \$910<sup>+HST</sup> per term for team and fitness</li></ul>

<p><b>Regional Team</b> (Junior Elite &amp; Regional Team train together for 2019-20 Season)</p> <p>The Regional Team Program is designed for Juniors that have just begun or will start to play provincial tournaments but do not have the necessary time to train full time.</p> <p><b>Requirements:</b></p> <ul style="list-style-type: none"> <li>● Choose Two Weekly Team Trainings <ul style="list-style-type: none"> <li>○ Mondays 7:30-9:30 PM</li> <li>○ Thursdays 7:30-9:30 PM</li> <li>○ Sundays 6:00-8:00 PM</li> </ul> </li> <li>● Team Membership</li> </ul> <p><b>Costs:</b></p> <ul style="list-style-type: none"> <li>● \$780<sup>HST</sup> per term for team</li> </ul>	<p><b>Pre-Team (Select)</b> (Select &amp; Basic Junior Pre-Team train together for 2019-20 Season)</p> <p>The Pre-Team (Select) Program is designed for Juniors that have shown vast improvement since joining Pre-Team (Basic) and are looking to improve to be tournament ready soon.</p> <p><b>Requirements:</b></p> <ul style="list-style-type: none"> <li>● Choose Two Weekly Team Trainings <ul style="list-style-type: none"> <li>○ Wednesdays 5:30-7:30 PM</li> <li>○ Thursdays 5:30-7:30 PM</li> <li>○ Saturdays 4:00-6:00 PM</li> <li>○ Sundays 4:00-6:00 PM</li> </ul> </li> <li>● Private Lesson is Mandatory</li> <li>● Pre-Team Registration</li> </ul> <p><b>Costs:</b></p> <ul style="list-style-type: none"> <li>● \$780<sup>HST</sup> per term for team</li> </ul>
<p><b>Pre-Team (Basic)</b> (Select &amp; Basic Junior Pre-Team train together for 2019-20 Season)</p> <p>This program heavily focuses on teaching and strengthening proper basic techniques and footwork.</p> <p><b>Requirements:</b></p> <ul style="list-style-type: none"> <li>● Choose Two Weekly Team Trainings <ul style="list-style-type: none"> <li>○ Wednesdays 5:30-7:30 PM</li> <li>○ Thursdays 5:30-7:30 PM</li> <li>○ Saturdays 4:00-6:00 PM</li> <li>○ Sundays 4:00-6:00 PM</li> </ul> </li> <li>● Pre-Team Registration</li> </ul> <p><b>Costs:</b></p> <ul style="list-style-type: none"> <li>● \$780<sup>HST</sup> per term for team</li> </ul>	<p><b>Fitness</b> (Fitness is a requirement for all Junior Elite and Higher Team)</p> <p>The Fitness Program is designed to improve speed, explosive power, strength, etc. to improve the student's overall fitness and strength.</p> <p>Choose from one of the following times:</p> <ul style="list-style-type: none"> <li>● Saturdays 1:00-2:00 PM</li> <li>● Sundays 11:00-12:00 PM</li> </ul> <p><b>Costs:</b></p> <ul style="list-style-type: none"> <li>● \$130<sup>HST</sup> per term for fitness</li> </ul>
<p><b>Ladder</b></p> <p>The intra-team practice matches, to simulate the tournament environment. This will better prepare all students for upcoming tournaments.</p> <p><b>Time:</b></p> <ul style="list-style-type: none"> <li>● Saturdays 7:00-10:00 PM for (Junior Elite and higher-level teams)</li> </ul> <p><b>Costs:</b></p> <ul style="list-style-type: none"> <li>● Included in all Junior Team Memberships</li> <li>● \$15<sup>HST</sup> each session for non-members</li> </ul>	


# Chapter 6:

## Fees:

### 1) Team Membership is Mandatory for all Junior Elite and Higher Teams Promotion for KC Aurora-Newmarket

**Any returning competition Team player who sign up before March 31,2020, will get \$250+HST as team membership included**

- Unlimited court usage time when courts are not used for lessons
- On-site coaching at Provincial Level A and B tournaments
- Not Included National Tournaments, Not included other locations court usage and ladder

 KCBC (Aurora Campus) Membership Options (Effective January 01, 2020)									
Type of Membership	Annual Fee	Benefits							
		Unlimited Playing at Arranged Times at KCBC	Provincial B On-Site Coaching & Tournament Benefits	Provincial A On-Site Coaching & Tournament Benefits	Provincial A & B On-Site Coaching & Tournament Benefits	National Circuit On-Site Coaching & Tournament Benefits	Complimentary Ladder for Students (\$15 value per session)	Member Priced Private & Semi Lessons	Member Priced Team Training
Option A - Premium Junior Competition Package	\$600.00	X			X	X	X	X	X
Option B - Junior Membership (Pay each item separately; \$420 Junior Membership fee is due immediately Add-ons by post dated cheque required)	\$420.00	X					X	X	X
	\$180.00		X						
	\$180.00			X					
	\$240.00				X				
Option C1 - Family Membership Package (2 students U19, 2 parents)	\$1,200.00	X			X	X	X	X	X
Option C2 - Student & Parent Membership Package (1 student, 1 parent)	\$900.00	X			X	X	X	X	X

Terms and Conditions of Membership:  
 1. All prices listed are subject to HST.  
 2. No credits, no refunds, no transfers, no changes once purchased.  
 3. Times for free play will be arranged and posted by KCBC, but are subject to change without notice.  
 4. For Option B, the Junior Membership fee will be collected at the time you join KCBC or at the end your current membership cycle.  
 Post dated cheque for add-ons will be collect at the same time as Junior Memberships; dated for first day of the respective tournament season (Sep 1 of each year), valid for that season.  
 5. All Memberships are valid for 1 year starting from the date of payment.  
 6. Provincial A & B Season runs from September 1 - June 30 and National Circuit Season runs from September 1 - August 31.

### 1a) Regional Team and Pre-Team Membership will be \$250+HST per year

- **Benefits include:**
  - Unlimited court usage time when courts are not used for lessons or booked for rentals
  - One-time on-site coaching at a provincial A or B tournament
    - Subsequent on-site coaching coach \$30+HST per day per tournament

### 2) Team Training Fees

Payment Cycle: Quarterly

Payment Methods: Cheque, Cash or E-Transfer

- Please see Team & Schedule section for

### 3) Private Lesson Fees

#### Head Coach - Kevin Cao

##### Private:

Team Players: \$75+HST per hour (selected by Coach Kevin)

Member: \$80+HST per hour (not available at the moment)

Non-Member: \$100+HST per hour (not available at the moment)

##### Semi-Private: (2 students to 1 Coach)

Team Players: \$42.50+HST per person

Member: \$45+HST per person (not available at the moment)

Non-Member: \$50+HST per person (only team player's partner)



## High Performance Coaches

### Private

Team Players: \$65<sup>+HST</sup> per hour

Member: \$68<sup>+HST</sup> per hour

Non-Member: \$70<sup>+HST</sup> per hour

### Semi- Private (2 students to 1 Coach)

Team Player: \$40<sup>+HST</sup> per person per hour

Member: \$42.50<sup>+HST</sup> per person per hour

Non-Member: \$45<sup>+HST</sup> per person per hour

## Senior Competition Coaches

### Private

Team Player: \$58<sup>+HST</sup> per hour

Member: \$60<sup>+HST</sup> per hour

Non-Member: \$63<sup>+HST</sup> per hour

### Semi-Private (2 students to 1 Coach)

Team Player: \$35<sup>+HST</sup> per person per hour

Member: \$37.50<sup>+HST</sup> per person per hour

Non-Member: \$40<sup>+HST</sup> per person per hour

## Junior Competition Coaches

### Private

Team Player: \$55<sup>+HST</sup> per hour

Member: \$58<sup>+HST</sup> per hour

Non-Member: \$60<sup>+HST</sup> per hour

### Semi-Private (2 students to 1 Coach)

Team Player: \$35<sup>+HST</sup> per person per hour

Member: \$37.50<sup>+HST</sup> per person per hour

Non-Member: \$40<sup>+HST</sup> per person per hour

## Junior Coaches

### Private

Team Player: \$50<sup>+HST</sup> per hour

Member: \$53<sup>+HST</sup> per hour

Non-Member: \$55<sup>+HST</sup> per hour

### Semi-Private (2 students to 1 Coach)

Team Player: \$30<sup>+HST</sup> per person per hour

Member: \$32.50<sup>+HST</sup> per person per hour

Non-Member: \$35<sup>+HST</sup> per person per hour

## Sparring Lesson:

\$650<sup>+HST</sup> 10 hours

or

\$500<sup>+HST</sup> 10 hours

each Sparring lesson is 1 hour

Rate depends which Coach

### Notes:

1. Due to the limited sources, ALL HP Coaches' Private lesson will be only available to any students join KC Competition Team or KC Group.  
Competition and Junior Level Coach available to all. Sparring Lesson only available to Who compete at Tournaments and who already have private with HP Coach as well Team trainings.
2. Semi-private for KC Team players who partner with other club players are except for HP Coach and the other club players will be playing non -member rate.
3. Min. Purchase are 5 times per section.
4. All terms and policy please refer to" Parents' guide"